coramVoice
getting young voices heard

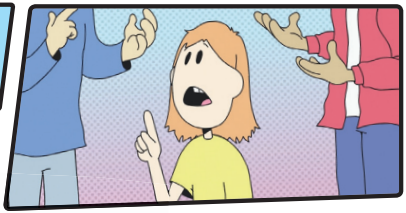
I'm AdvoCat and I'm here to help you

Are you growing up in care or do you have a social worker?

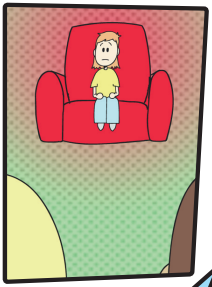


Your Voice is your Superpower!

Does it sometimes feel like adults are not really listening to how you feel about things?



Like you're not really in the room and people are making decisions about you, not with you?



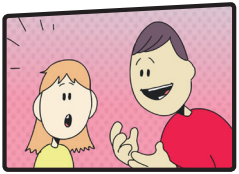


You can ask your advocate to explain things and to speak up for you so you don't have to do this by yourself.

An advocate will make sure adults listen to what is important to you.

Advocates are here to make sure your voice is heard loud and clear.

They can go to meetings with you; they can help you to talk to your social worker and other grown-ups.

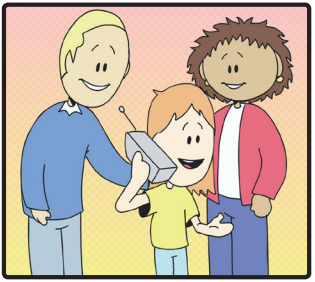


If you want an advocate you can get one by phoning our helpline yourself or ask an adult you trust to do it for you.

www.coramvoice.org.uk

0808 800 5792

help@coramvoice.org.uk



Coram Voice (formerly Voice for the Child in Care).
Registered Charity Number: 1046207 Registered Company Number: 3050826